

Lunch Menu

This Menu is available on the following weeks, date commencing; 2nd September; 23rd September; 14th October; 11th November; 2nd December.

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Moroccan Spiced Beef finished with Apricots & Herbs <i>mustard</i>	 Marinated Chicken pieces <i>soya</i>	Chefs Family Favourites. Look at our daily menu for todays choice	 Beef Madras or Vegan Cauliflower & Lentil Dhal Curry <i>mustard</i>	 <i>Gluten ,fish</i>
Vegetarian Main Meal	Broccoli, Mushroom and Quorn Stir fry with Black Bean Sauce & Noodles <i>Gluten,sesame,egg & soya</i>	Or BBQ Pulled Sweet Potato Bap <i>Gluten,soya & celery</i> served with side dishes including Wedges, rice & garlic bread	 Classic Macaroni Cheese with various toppings <i>Milk,gluten,mustard</i>	served with rice, naan bread & a selection of side dishes <i>gluten</i>	All the classics from a Chip Shop See today's menu for the dishes of the day
On the Side	Choose from our selection of fresh vegetables, salad, potatoes, rice and pasta. Our daily menu will confirm the days offer Chips are served on Fridays				
Soup Station	Try our Home Made Soup served with a chilli flakes, sunflower seeds, pumpkin seeds, and home made bread and croutons every day				
Pasta & Jacket Bar		Freshly Cooked Daily 50/50 Classic White & Wholemeal Pasta, & Jacket Potato add your choice of hot topping from our freshly prepared selection;			
Creature Comfort puddings	Crispy Apple Turnover & Custard <i>Gluten,milk,egg</i>	Syrup Sponge & Vanilla Sauce <i>Egg,milk,gluten</i>	Pear & Fair Trade Banana Crumble with Custard <i>Milk,gluten</i>	Chocolate & Beetroot Brownie <i>Gluten,soya,egg</i>	Apricot Shortbread Finger <i>gluten</i>
	<i>Stir fry and noodles</i> <i>Gluten,sesame,egg & soya</i>	<i>Quirky bird chicken and rice</i> <i>Soya</i>	Classic Macaroni Cheese <i>Milk, gluten, mustard</i>	<i>Curry and rice</i> <i>Mustard, gluten</i>	<i>Pasta and sauce</i>

A daily selection of fresh Grab &Go items are also available. Some dishes may vary and are subject to availability.



Lunch Menu

This Menu is available on the following weeks, date commencing; 9th September; 30th September; 21st October; 18th November; 9th December.

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Shepherds Pie with a Cheesy Tomato Crust <i>Gluten,milk</i>	 Chefs Selection Of Lebanese Street Food <i>Soya</i>	Chefs Family Favourites. Look at our daily menu for todays choice	 Thai Green Chicken Curry <i>milk</i> Or Vegan Thai Sweet potato & Aubergine Curry	 All the classics from a Chip Shop See today's menu for the dishes of the day <i>Gluten,fish</i>
Vegetarian Main Meal	Roasted Vegetable & Pesto Lasagne with Home Made Garlic bread <i>Gluten,milk</i>	Including Falafel, Khobez Wraps, Salads & Sauces <i>gluten</i>	 Macaroni Cheese with various toppings <i>Gluten milk,mustard</i>	Served with coconut rice or noodles <i>Eggs,gluten</i>	
On the Side	Choose from our selection of fresh vegetables, salad, potatoes, rice and pasta. Our daily menu will confirm the days offer Chips are served on Fridays				
Soup Station	Try our Home Made Soup served with a chilli flakes, sunflower seeds, pumpkin seeds, and home made bread and croutons every day				
Pasta & Jacket Bar		Freshly Cooked Daily 50/50 Classic White & Wholemeal Pasta, & Jacket Potato and your choice of hot topping from our freshly prepared selection;			
Creature Comfort puddings	American Style Pancakes Served with toppers <i>Egg,gluten,milk</i>	Ginger Sponge with Toffee Sauce <i>Milk,gluten,egg</i>	Blackberry & Apple Crumble with Custard <i>Gluten,milk</i>	Orange Bread & Butter Pudding <i>Gluten,milk,egg,soya</i>	Chocolate Shortbread <i>Soya,gluten,milk</i>
	Veg Lasagne and Garlic bread <i>Gluten,milk</i>	Tugo Cheese and Tomato Pizza <i>Gluten, milk</i>	Classic Macaroni Cheese <i>Gluten milk,mustard</i>	Curry and rice <i>Eggs, milk and gluten</i>	Pasta and Sauce <i>gluten</i>



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Lunch Menu

This Menu is available on the following weeks, date commencing; 9th September; 30th September; 21st October; 18th November; 9th December.

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Chicken Meatballs in a tangy Sweet and Sour Sauce finished with Pineapple <i>Gluten,egg</i>	 Chunky Beef Chilli Or Mexican Vegetables & Feta	Chefs Family Favourites. Look at our daily menu for todays choice 	 Turkey Korma <i>milk</i> Or Vegan Mushroom & Red Pepper Rogan Josh	 <i>Fish,gluten</i>
Vegetarian Main Meal	Quorn Sausage & Mash Served with gravy <i>gluten</i>	served with tomato rice, taco's, salsa, sour cream & nachos	Classic Macaroni Cheese with various toppings <i>Gluten,milk,mustard</i>	served with rice, naan bread & a selection of side dishes <i>gluten</i>	All the classics from a Chip Shop See today's menu for the dishes of the day
On the Side	Choose from our selection of fresh vegetables, salad, potatoes, rice and pasta. Our daily menu will confirm the days offer Chips are served on Fridays				
Soup Station	Try our Home Made Soup served with a chilli flakes, sunflower seeds, pumpkin seeds, and home made bread and croutons every day				
Pasta & Jacket Bar		Freshly Cooked Daily 50/50 Classic White & Wholemeal Pasta, & Jacket Potato add your choice of hot topping from our freshly prepared selection;			
Creature Comfort puddings	Lemon Drizzle Cake with Custard <i>Egg,milk,gluten</i>	Chocolate sponge & chocolate sauce <i>Gluten,egg,milk,soya</i>	Rhubarb & Orange Crumble with Custard <i>Gluten,milk</i>	Wholemeal Fair Trade Banana Cake & Vanilla sauce <i>Gluten,milk,egg</i>	Blueberry Muffin <i>Gluten,egg,milk</i>
	Quorn Sausage, mash and gravy <i>Gluten</i>	Beef Chilli and rice	Classic Macaroni Cheese <i>Gluten, milk mustard</i>	Curry and rice <i>Milk, gluten</i>	Pasta and sauce



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