

Key Stage 3

Subject: PSHCEE

Intent

'PSHE education is a school subject through which pupils develop the knowledge, skills and attributes they need to keep themselves healthy and safe, and prepare for life and work in modern Britain. Evidence shows that well-delivered PSHE programmes have an impact on both academic and non-academic outcomes for pupils, particularly the most vulnerable and disadvantaged.' PSHE Association 2019

PSHCEE at The Frances Bardsley Academy follows the PSHE Association syllabus which is to equip students to live healthy, safe productive, capable, responsible and balanced lives through core themes of health and wellbeing, relationships and living in the wider world.

The intent of our PSHCEE curriculum is to deliver a curriculum which is accessible to all and ensures that each of our students will understand more about how to play a positive and successful role within our society. Our aim is to support students' spiritual, moral, social and cultural development, prepare and equip them for the opportunities, responsibilities and experiences of life. We aim to provide our students with opportunities for them to learn about their rights and responsibilities and appreciate what it means to be a member of a diverse society

PSHCEE aims to help pupils to:

- Identify their personal qualities, attitudes, skills, attributes and achievements and what influences these.
- Explore their attitudes, values and beliefs about them and develop the skills, language and strategies needed to manage any issues should they encounter them in their lives.
- Apply academic skills such as critical thinking and resilience, to their approach to the study of PSHE.
- Promote pupils' spiritual, moral, social and cultural development (SMSC)
- Equip all pupils with the knowledge and skills they need to stay safe and be able to communicate when they do not feel safe
- Provide expert independent, up-to-date careers guidance that gives our pupils the best information and opportunities available and helps them progress into further education, training and employment

We work with a number of external agencies to help deliver aspects of the PSHCEE curriculum, including our Metropolitan Police Safer Schools Officer, the School of Sexuality Education as well as drawing on resources from organisations such as NHS, Coppafeel, NSPCC, Barclays, Natwest and the Home Office.

Programme of study

	Autumn Term	Spring Term	Summer Term
Year 7	<p>Transition and safety</p> <p>Transition to secondary school and personal safety in and outside school, including first aid</p> <p>Developing skills and aspirations</p> <p>Careers, teamwork and enterprise skills, and raising aspirations</p>	<p>Diversity</p> <p>Diversity, prejudice, and bullying</p> <p>Health and puberty</p> <p>Healthy routines, influences on health, puberty, unwanted contact, and FGM</p>	<p>Building relationships</p> <p>Self-worth, romance and friendships (including online) and relationship boundaries</p> <p>Financial decision making</p> <p>Saving, borrowing, budgeting and making financial choices</p>
Year 8	<p>Drugs and alcohol</p> <p>Alcohol and drug misuse and pressures relating to drug use</p> <p>Community and careers</p> <p>Equality of opportunity in careers and life choices, and different types and patterns of work</p>	<p>Discrimination</p> <p>Discrimination in all its forms, including: racism, religious discrimination, disability, discrimination, sexism, homophobia, biphobia and transphobia</p> <p>Emotional wellbeing</p> <p>Mental health and emotional wellbeing, including body image and coping strategies</p>	<p>Identity and relationships</p> <p>Gender identity, sexual orientation, consent, 'sexting', and an introduction to contraception</p> <p>Digital literacy</p> <p>Online safety, digital literacy, media reliability, and gambling hooks</p>
Year 9	<p>Peer influence, substance use and gangs</p> <p>Healthy and unhealthy friendships, assertiveness, substance misuse, and gang exploitation</p> <p>Setting goals</p> <p>Learning strengths, career options and goal setting as part of the GCSE options process</p>	<p>Respectful relationships</p> <p>Families and parenting, healthy relationships, conflict resolution, and relationship changes</p> <p>Healthy lifestyle</p> <p>Diet, exercise, lifestyle balance and healthy choices, and first aid</p>	<p>Families</p> <p>Different families and parental responsibilities, pregnancy, marriage and forced marriage and changing relationships</p> <p>Employability skills</p> <p>Employability and online presence</p>