

## Key Stage 4

Subject: PSHCEE

### Intent

*'PSHE education is a school subject through which pupils develop the knowledge, skills and attributes they need to keep themselves healthy and safe, and prepare for life and work in modern Britain. Evidence shows that well-delivered PSHE programmes have an impact on both academic and non-academic outcomes for pupils, particularly the most vulnerable and disadvantaged.'* PSHE Association 2019

PSHCEE at The Frances Bardsley Academy follows the PSHE Association syllabus which is to equip students to live healthy, safe productive, capable, responsible and balanced lives through core themes of health and wellbeing, relationships and living in the wider world.

The intent of our PSHCEE curriculum is to deliver a curriculum which is accessible to all and ensures that each of our students will understand more about how to play a positive and successful role within our society. Our aim is to support students' spiritual, moral, social and cultural development, prepare and equip them for the opportunities, responsibilities and experiences of life. We aim to provide our students with opportunities for them to learn about their rights and responsibilities and appreciate what it means to be a member of a diverse society

PSHCEE aims to help pupils to:

- Identify their personal qualities, attitudes, skills, attributes and achievements and what influences these.
- Explore their attitudes, values and beliefs about them and develop the skills, language and strategies needed to manage any issues should they encounter them in their lives.
- Apply academic skills such as critical thinking and resilience, to their approach to the study of PSHE.
- Promote pupils' spiritual, moral, social and cultural development (SMSC)
- Equip all pupils with the knowledge and skills they need to stay safe and be able to communicate when they do not feel safe
- Provide expert independent, up-to-date careers guidance that gives our pupils the best information and opportunities available and helps them progress into further education, training and employment

We work with a number of external agencies to help deliver aspects of the PSHCEE curriculum, including our Metropolitan Police Safer Schools Officer, the School of Sexuality Education as well as drawing on resources from organisations such as NHS, Coppafeel, NSPCC, Barclays, Natwest and the Home Office.

Programme of study

	<b>Autumn Term</b>	<b>Spring Term</b>	<b>Summer Term</b>
<b>Year 10</b>	<p><b>Mental health</b></p> <p>Mental health and ill health, stigma, safeguarding health, including during periods of transition or change</p> <p><b>Financial decision making</b></p> <p>The impact of financial decisions, debt, gambling and the impact of advertising on financial choices</p>	<p><b>Healthy relationships</b></p> <p>Relationships and sex expectations, myths, pleasure and challenges, including the impact of the media and pornography</p> <p><b>Exploring influence</b></p> <p>The influence and impact of drugs, gangs, role models and the media</p>	<p><b>Work experience</b></p> <p>Preparation for and evaluation of work experience and readiness for work</p> <p><b>Addressing extremism and radicalisation</b></p> <p>Communities, belonging and challenging extremism</p>
<b>Year 11</b>	<p><b>Building for the future</b></p> <p>Self-efficacy, stress management, and future opportunities</p> <p><b>Next steps</b></p> <p>Application processes, and skills for further education, employment and career progression</p>	<p><b>Communication in relationships</b></p> <p>Personal values, assertive communication (including in relation to contraception and sexual health), relationship challenges and abuse</p> <p><b>Independence</b></p> <p>Responsible health choices, and safety in independent contexts</p>	