

ADVICE FOR NEW STUDENTS TRAVELLING TO FBA

WALKING

Students that walk to school are expected to:

- ❖ Wear appropriate clothing to keep them warm, dry and windproof.
- ❖ Walk to school with someone else —A BUDDY. Arrange to walk with a friend on the way to school.
- ❖ Allow plenty of time to arrive at school on time.
- ❖ Use crossings wherever possible to cross busy roads safely.
- ❖ Do not have expensive items (e.g. mobile, Ipad etc.) on show whilst walking.

CYCLING

Students that choose to cycle will be able to use the changing rooms in the morning and can use the cycle storage facilities at the front of the school. All cyclists are expected to:

- ❖ Wear appropriate clothing to keep them warm, dry and windproof.
- + Wear a helmet.
- Lock their bike securely using the cycle storage facilities.
- + Allow plenty of time to arrive at school and change on time.
- + Get off their bike to cross busy roads safely.
- + Are visible, especially in winter, to motorists.
- Along busy roads it may be safer to ride/walk your bike on the pavement.

PUBLIC TRANSPORT

Students using the buses should remember that they should be well behaved and well-mannered when using the buses to travel to and from school. They are representing the school whilst wearing their school uniform. All students using the buses are expected to:

- ❖ Wait at bus stops quietly and in a sensible manner.
- * Get on the bus in an orderly way following the driver's instructions at all times.
- ❖ Give up their seat for people in need such as an OAP, pregnant woman etc.
- ❖ Be well behaved throughout the journey.

It is important to remember that your free travel on buses will be removed if you are abusive, cause vandalism etc.

You should also think about whether you need to use the bus as they become overcrowded with students that do not need to use the bus. If your journey is less than 3 stops you could walk instead. This would result in you becoming more active, burning calories which will help you to become healthier as a result.

You could even walk three stops further up Brentwood Road before getting on the bus which would greatly reduce the number of students waiting outside school.

To reduce the number of students waiting for buses going towards Romford; at the end of the day students line up along the path inside the school gates. The member of staff on duty will let students out in a staggered way depending upon which bus is about to stop outside. Remember it is a 10-15 minute walk to Romford Station via Manor Road & Victoria Road.